TAKE ACTION AND SAVE A LIFE.

Please be safe. If someone is unconscious, don’t be afraid.
HOW TO TELL IF SOMEONE IS OVERDOSING

NOT BREATHING OR SHALLOW BREATHING
GURGLING SOUNDS OR SNORING LOUDLY
SKIN FEELS CLAMMY AND COLD
LIPS AND NAILS ARE BLUE
PUPILS ARE PINNED

WHAT TO DO

SHAKE + SHOUT
GIVE NALOXONE, WAIT 2 MINUTES BEFORE GIVING ADDITIONAL NALOXONE DOSES
CHECK AIRWAY & PERFORM RESCUE BREATHING
IF THEY START BREATHING OR VOMIT, PLACE IN RECOVERY POSITION
CALL 911, REPEAT STEPS AS NECESSARY
PLEASE DON’T LEAVE

RECOVERY POSITION

Head should be tilted back slightly to open airway
Hand supports head
Knee stops body from rolling onto stomach

RESCUE BREATHING

1. Place person on back
2. Tilt up chin to open airway
3. Check to see if there is anything in mouth, if so clear it
4. Pinch nose, do mouth-to-mouth, give two breaths
5. After 5 seconds, breathe again
6. Give a breath every 5 seconds

LOCATION:
Avalon Health and Access Center
6818 Avalon Boulevard
Los Angeles, CA 90003

APPOINTMENTS
323-541-1411
Walk-Ins Welcome

BROUGHT TO YOU BY
HOMELESS HEALTH CARE LOS ANGELES
hhcla.org
Quick Start Guide

Opioid Overdose Response Instructions

Use NARCAN Nasal Spray (naloxone hydrochloride) for known or suspected opioid overdose in adults and children.

Important: For use in the nose only.

Do not remove or test the NARCAN Nasal Spray until ready to use.

1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called “pinpoint pupils”

Lay the person on their back to receive a dose of NARCAN Nasal Spray.

2 Give NARCAN Nasal Spray

Remove NARCAN Nasal Spray from the box.

Peel back the tab with the circle to open the NARCAN Nasal Spray.

Hold the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Gently insert the tip of the nozzle into either nostril.

- Tilt the person’s head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person’s nose.

Press the plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.

3 Call for emergency medical help, Evaluate, and Support

Get emergency medical help right away.

Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.

Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.

For more information about NARCAN Nasal Spray, go to www.narcannasalspray.com, or call 1-844-4NARCAN (1-844-464-2726).

©2015 ADAPT Pharma, Inc. NARCAN® is a registered trademark licensed to ADAPT Pharma Operations Limited. A1009.01
On January 1, 2013, California became the tenth state to implement a “911 Good Samaritan” overdose fatality prevention law.

It’s likely that you know someone who has been affected by accidental overdose – since it is a leading cause of accidental death in California. According to the California Department of Public Health, more Californians died from an accidental overdose death in 2009 than from motor vehicle accidents.

Many of these deaths are preventable, yet people often fear arrest if they call 911 for help at the scene of a suspected drug overdose. 911 Good Samaritan laws are designed to encourage people to quickly seek medical care for the overdose victim by providing limited protection from arrest, charge and/or prosecution for low-level drug law violations.

AB 472, California’s 911 Good Samaritan law, states:

“It shall not be a crime for any person who experiences a drug-related overdose, as defined, who, in good faith, seeks medical assistance, or any other person who, in good faith, seeks medical assistance for the person experiencing a drug-related overdose, to be under the influence of, or to possess for personal use, a controlled substance, controlled substance analog, or drug paraphernalia, under certain circumstances related to a drug-related overdose that prompted seeking medical assistance if that person does not obstruct medical or law enforcement personnel.”

The law does not affect laws prohibiting the selling, providing, giving or exchanging of drugs, or laws prohibiting the forcible administration of drugs against a person’s will. The law does not affect liability for any offense that involves activities made dangerous by the consumption of controlled substances, including, but not limited to, driving under the influence. The law also does not offer specific protections from arrest for related charges, such as violation of parole or probation.

California’s 911 Good Samaritan Law provides limited protection from arrest, charge and prosecution for people who seek emergency medical assistance at the scene of a suspected drug overdose.

People seeking the protections provided by the law must not obstruct medical or law enforcement personnel, including efforts to secure the scene or deliver medical assistance.

While the definition of “possess for personal use” may vary, the law is designed to protect people who possess small amounts of drugs not in quantities that would suggest trafficking or sales. A similar law to protect minors from alcohol-related charges was passed in California in 2010 (AB 1999, Portontino).


California’s 911 Good Samaritan law was supported by a variety of organizations, including the California Society of Addiction Medicine, the Health Officers Association and the ACLU.
NARCAN TRAINING

TRAINING WILL INCLUDE:
• What Are Opioids
• What Opioids Are Not
• What is Fentanyl
• What is Naloxone
• Recognize & Respond
• Signs Of An Overdose
• What To Do
• Risk and Prevention
• Safer Practices
• Free Narcan Kit

Every Friday
10:00AM-11:00AM
In-Person

LOCATION:
Avalon Drop-In Center
9818 Avalon Blvd, Los Angeles, CA 90003

FOR MORE INFORMATION CONTACT:
HARMREDUCTIONPROGRAM@WELLCHILD.ORG

St. John’s Community Health Harm Reduction Program

THIS IS A JUDGMENT FREE SPACE. ALL ARE WELCOME!
**Syringe Collection & Disposal:**

*Syringe Collection Program - remove used syringes from City streets, and provide risk reduction services to injection drug users (IDUs); including overdose prevention, outreach in homeless encampments and referrals to housing and medical services.*

<table>
<thead>
<tr>
<th>Day</th>
<th>Address/Location</th>
<th>Provider</th>
<th>Community</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday</td>
<td>No services are provided at this time</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunday</td>
<td>1625 N. Schrader Blvd. (parking lot behind LA LGBT Center – big building with rainbow flags. Use either driveway to walk to parking lot in back)</td>
<td>LA CHP</td>
<td>Hollywood</td>
<td>6:30 pm – 10:00 pm</td>
</tr>
<tr>
<td>Monday</td>
<td>627 San Julian St.</td>
<td>LACP</td>
<td>Los Angeles</td>
<td>9:00 am – 11:00 am</td>
</tr>
<tr>
<td></td>
<td>622 Rose Ave.</td>
<td>Venice Family Clinic</td>
<td>Venice</td>
<td>9:00 am – 8:00 pm</td>
</tr>
<tr>
<td></td>
<td>1926 Beverly Bl. (BAART Methadone Clinic)</td>
<td>HHCLA</td>
<td>Los Angeles</td>
<td>9:00 am – 12:00 pm</td>
</tr>
<tr>
<td></td>
<td>117 E Harry Bridges &amp; Avalon (@ The Clinic)</td>
<td>Bienestar</td>
<td>Wilmington</td>
<td>10:00 am – 11:30 am</td>
</tr>
<tr>
<td></td>
<td>512 E. Fourth St.</td>
<td>HHCLA</td>
<td>Los Angeles</td>
<td>1:00 pm – 4:00 pm</td>
</tr>
<tr>
<td></td>
<td>117900 Block of Borden (Under 118 Freeway Overpass)</td>
<td>TTC</td>
<td>Pacoima</td>
<td>1:30 pm – 4:00 pm</td>
</tr>
<tr>
<td></td>
<td>Arroyo Glen &amp; Avenue 64</td>
<td>Bienestar</td>
<td>Highland Park</td>
<td>3:30 pm – 5:00 pm</td>
</tr>
<tr>
<td></td>
<td>7500 Block of Valjean (Between Sherman Way &amp; Saticoy)</td>
<td>TTC</td>
<td>Van Nuys</td>
<td>4:30 pm – 6:00 pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>3130 S. Hill St. (inside Hill St. Community Wellness Center)</td>
<td>AADAP</td>
<td>South Los Angeles</td>
<td>7:00 am – 10:00 am</td>
</tr>
<tr>
<td></td>
<td>4905 Hollywood Blvd (AIDS Healthcare Foundation Flagship)</td>
<td>Being Alive</td>
<td>Hollywood</td>
<td>11:00 am - 3:00 pm</td>
</tr>
<tr>
<td></td>
<td>622 Rose Ave.</td>
<td>Venice Family Clinic</td>
<td>Venice</td>
<td>9:00 am – 8:00 pm</td>
</tr>
<tr>
<td></td>
<td>512 E Fourth St.</td>
<td>HHCLA</td>
<td>Los Angeles</td>
<td>8:30 am – 4:00 pm</td>
</tr>
<tr>
<td></td>
<td>130 Manchester</td>
<td>Bienestar</td>
<td>Los Angeles</td>
<td>2:00 pm – 4:00 pm</td>
</tr>
<tr>
<td></td>
<td>119th &amp; Avalon</td>
<td>AADAP</td>
<td>South Los Angeles</td>
<td>7:30 am – 10:30 am</td>
</tr>
<tr>
<td>Wednesday</td>
<td>5149 W. Jefferson Blvd (SW corner at Minority AIDS Project)</td>
<td>Being Alive</td>
<td>South Los Angeles</td>
<td>10:00 am - 2:00 pm</td>
</tr>
<tr>
<td></td>
<td>622 Rose Ave.</td>
<td>Venice Family Clinic</td>
<td>Venice</td>
<td>9:00 am – 8:00 pm</td>
</tr>
<tr>
<td></td>
<td>8741 Laurel Canyon Bl (off of Roscoe Bl. Between Peoria St &amp; Wicks St.)</td>
<td>TTC</td>
<td>Sun Valley</td>
<td>9:30 am – 11:00 am</td>
</tr>
<tr>
<td></td>
<td>14515 Hamlin St. Suite 100 (off Van Nuys &amp; Victory)</td>
<td>TTC</td>
<td>Van Nuys</td>
<td>12:30 pm – 3:00 pm</td>
</tr>
<tr>
<td></td>
<td>Alley between Fickett &amp; Mathews (South of Chavez)</td>
<td>Bienestar</td>
<td>Boyle Heights</td>
<td>1:30 pm – 3:30 pm</td>
</tr>
<tr>
<td></td>
<td>Wilshire &amp; Burlington</td>
<td>LA CHP</td>
<td>Pico Union</td>
<td>5:00 pm – 7:00 pm</td>
</tr>
<tr>
<td></td>
<td>El Pueblo/Olvera St. (between Alameda and Hill)</td>
<td>Bienestar</td>
<td>El Pueblo</td>
<td>3:00 pm – 5:00 pm</td>
</tr>
<tr>
<td></td>
<td>512 E Fourth St.</td>
<td>HHCLA</td>
<td>Los Angeles</td>
<td>8:30 am – 4:00 pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>3055 Wilshire Blvd (Street level on Westmoreland)</td>
<td>Being Alive</td>
<td>Los Angeles</td>
<td>11:00 am - 3:00 pm</td>
</tr>
<tr>
<td></td>
<td>622 Rose Ave.</td>
<td>Venice Family Clinic</td>
<td>Venice</td>
<td>9:00 am – 8:00 pm</td>
</tr>
<tr>
<td></td>
<td>11700 Block of Borden (Under 118 freeway Overpass)</td>
<td>TTC</td>
<td>Pacoima</td>
<td>1:30 pm – 4:00 pm</td>
</tr>
<tr>
<td></td>
<td>Alhambra &amp; Johnston St. (Under Bridge)</td>
<td>Bienestar</td>
<td>Lincoln Heights</td>
<td>3:30 pm – 5:00 pm</td>
</tr>
<tr>
<td></td>
<td>1625 N. Schrader Blvd. (parking lot behind LA LGBT Center)</td>
<td>LA CHP</td>
<td>Hollywood</td>
<td>6 pm – 10:00 pm</td>
</tr>
<tr>
<td></td>
<td>5220 W. Washington Blvd. (Matrix Institute)</td>
<td>AADAP</td>
<td>Los Angeles</td>
<td>6:30 am – 9:00 am</td>
</tr>
<tr>
<td></td>
<td>512 E. Fourth St.</td>
<td>HHCLA</td>
<td>Los Angeles</td>
<td>8:30 am – 4:00 pm</td>
</tr>
<tr>
<td></td>
<td>4905 Hollywood Blvd (AIDS Healthcare Foundation Flagship)</td>
<td>Being Alive</td>
<td>Hollywood</td>
<td>11:00 am - 3:00 pm</td>
</tr>
<tr>
<td></td>
<td>627 San Julian St. – Downtown</td>
<td>LACP</td>
<td>Los Angeles</td>
<td>9:00 am – 11:00 am</td>
</tr>
<tr>
<td></td>
<td>622 Rose Ave.</td>
<td>Venice Family Clinic</td>
<td>Venice</td>
<td>9:00 am – 5:00 pm</td>
</tr>
<tr>
<td>Friday</td>
<td>Alley between Fickett &amp; Mathews (South of Chavez)</td>
<td>Bienestar</td>
<td>Boyle Heights</td>
<td>10:30 am – 12:30 pm</td>
</tr>
</tbody>
</table>

Information is subject to change without notification. Toll Free Schedule Line: 888-LANEX-85 Please call the participating agency below to verify the hours: TTC (818) 342-5897; LA CHP (213) 483-5366; AADAP (323) 294-4932; HHCLA (213) 342-3114; Bienestar (323) 727-7896; Venice Family Clinic (310) 314-5480; Being Alive (323) 874-4322