

St. John's  
Community Health

HARM  
REDUCTION  
PROGRAM

WWW.WELLCHILD.ORG    WELLCHILDDRG

**TAKE  
ACTION  
AND**

**SAVE A  
LIFE.**

**PLEASE BE SAFE.  
IF SOMEONE IS  
UNCONSCIOUS, DON'T BE AFRAID.**

# HOW TO TELL IF SOMEONE IS OVERDOSING



**NOT BREATHING  
OR SHALLOW  
BREATHING**



**GURGLING  
SOUNDS OR  
SNORING LOUDLY**



**SKIN FEELS  
CLAMMY AND  
COLD**



**LIPS AND NAILS  
ARE BLUE**



**PUPILS  
ARE PINNED**

## WHAT TO DO



**SHAKE +  
SHOUT**



**GIVE NALOXONE.  
WAIT 2 MINUTES  
BEFORE GIVING  
ADDITIONAL  
NALOXONE DOSES**



**CHECK  
AIRWAY &  
PERFORM  
RESCUE  
BREATHING**



**IF THEY START  
BREATHING OR  
VOMIT, PLACE  
IN RECOVERY  
POSITION**



**CALL 911.  
REPEAT  
STEPS AS  
NECESSARY**



**PLEASE  
DON'T LEAVE**

## RECOVERY POSITION



Head should  
be tilted back  
slightly to  
open airway

Hand supports  
head

Knee stops body from rolling onto stomach

## RESCUE BREATHING



**1**

Place person on back

**2**

Tilt up chin to open airway

**3**

Check to see if there is anything in  
mouth, if so clear it

**4**

Pinch nose, do mouth-to-mouth,  
give two breaths

**5**

After 5 seconds, breathe again

**6**

Give a breath every 5 seconds

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**LOCATION:**  
Avalon Health and Access Center  
6818 Avalon Boulevard  
Los Angeles, CA 90003

**APPOINTMENTS**  
323-541-1411  
Walk-Ins Welcome

**BROUGHT TO YOU BY**  
**H O M E L E S S**  
**HEALTH CARE**  
**LOS ANGELES**  
**hhcla.org**

# **NARCAN**<sup>®</sup> (naloxone HCl) **NASAL SPRAY**

## QUICK START GUIDE

### Opioid Overdose Response Instructions

Use NARCAN Nasal Spray (naloxone hydrochloride) for known or suspected opioid overdose in adults and children.

**Important:** For use in the nose only.

Do not remove or test the NARCAN Nasal Spray until ready to use.

## 1 Identify Opioid Overdose and Check for Response

**Ask** person if he or she is okay and shout name.

**Shake** shoulders and firmly rub the middle of their chest.

### Check for signs of opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called “pinpoint pupils”

Lay the person on their back to receive a dose of NARCAN Nasal Spray.



## 2 Give NARCAN Nasal Spray

**Remove** NARCAN Nasal Spray from the box.

Peel back the tab with the circle to open the NARCAN Nasal Spray.



**Hold** the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



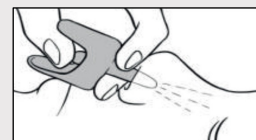
### Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.



**Press the plunger firmly** to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



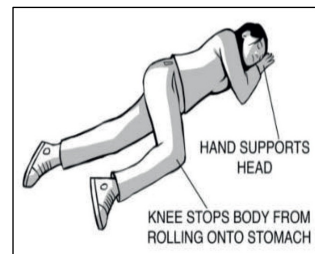
### Get emergency medical help right away.

**Move the person on their side (recovery position)**

after giving NARCAN Nasal Spray.

**Watch the person closely.**

**If the person does not respond** by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.



**Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril.** If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.

For more information about NARCAN Nasal Spray, go to [www.narcannasalspray.com](http://www.narcannasalspray.com), or call 1-844-4NARCAN (1-844-462-7226).

# Understanding California's 911 Good Samaritan Law

March 2013

We are  
the Drug  
Policy  
Alliance.

On January 1, 2013, California became the tenth state to implement a "911 Good Samaritan" overdose fatality prevention law.

It's likely that you know someone who has been affected by accidental overdose – since it is a leading cause of accidental death in California. According to the California Department of Public Health, more Californians died from an accidental overdose death in 2009 than from motor vehicle accidents.

Many of these deaths are preventable, yet people often fear arrest if they call 911 for help at the scene of a suspected drug overdose. 911 Good Samaritan laws are designed to encourage people to quickly seek medical care for the overdose victim by providing limited protection from arrest, charge and/or prosecution for low-level drug law violations.

AB 472, California's 911 Good Samaritan law, states:

**"It shall not be a crime for any person who experiences a drug-related overdose, as defined, who, in good faith, seeks medical assistance, or any other person who, in good faith, seeks medical assistance for the person experiencing a drug-related overdose, to be under the influence of, or to possess for personal use, a controlled substance, controlled substance analog, or drug paraphernalia, under certain circumstances related to a drug-related overdose that prompted seeking medical assistance if that person does not obstruct medical or law enforcement personnel."**

The law does not affect laws prohibiting the selling, providing, giving or exchanging of drugs, or laws prohibiting the forcible administration of drugs against a person's will. The law does not affect liability for any offense that involves activities made dangerous by the

consumption of controlled substances, including, but not limited to, driving under the influence. The law also does not offer specific protections from arrest for related charges, such as violation of parole or probation.

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**California's 911 Good Samaritan Law provides limited protection from arrest, charge and prosecution for people who seek emergency medical assistance at the scene of a suspected drug overdose.**

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People seeking the protections provided by the law must not obstruct medical or law enforcement personnel, including efforts to secure the scene or deliver medical assistance.

While the definition of "possess for personal use" may vary, the law is designed to protect people who possess small amounts of drugs not in quantities that would suggest trafficking or sales. A similar law to protect minors from alcohol-related charges was passed in California in 2010 (AB 1999, Portantino).

Other states with 911 Good Samaritan laws include: New Mexico (2007), Washington (2010), Connecticut (2011), New York (2011), Colorado (2012), Illinois (2012), Florida (2012), Massachusetts (2012), Rhode Island (2012), as well as the District of Columbia (2012).

California's 911 Good Samaritan law was supported by a variety of organizations, including the California Society of Addiction Medicine, the Health Officers Association and the ACLU.

# NARCAN TRAINING

## TRAINING WILL INCLUDE:

- What Are Opioids
- What Opioids Are Not
- What is Fentanyl
- What is Naloxone
- Recognize & Respond
- Signs Of An Overdose
- What To Do
- Risk and Prevention
- Safer Practices
- Free Narcan Kit

Every Friday  
10:00AM-11:00AM  
In-Person

## LOCATION:

**Avalon Drop-In Center**  
9818 Avalon Blvd, Los  
Angeles, CA 90003



## FOR MORE INFORMATION CONTACT:

[HARMREDUCTIONPROGRAM@WELLCHILD.ORG](mailto:HARMREDUCTIONPROGRAM@WELLCHILD.ORG)

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**THIS IS A JUDGMENT FREE SPACE. ALL ARE WELCOME!**



Syringe Collection & Disposal:

*Syringe Collection Program - remove used syringes from City streets, and provide risk reduction services to injection drug users (IDUs); including overdose prevention, outreach in homeless encampments and referrals to housing and medical services.*

Day	Address/Location	Provider	Community	Time
Saturday	No services are provided at this time			
Sunday	1625 N. Schrader Blvd. (parking lot behind LA LGBT Center – big building with rainbow flags. Use either driveway to walk to parking lot in back)	LA CHP	Hollywood	6:30 pm – 10:00 pm
Monday	627 San Julian St.	LACHP	Los Angeles	9:00 am – 11:00 am
Tuesday	622 Rose Ave.	Venice Family Clinic	Venice	9:00 am – 8:00 pm
	1926 Beverly Bl. (BAART Methadone Clinic)	HHCLA	Los Angeles	9:00 am – 12:00 pm
	117 E Harry Bridges & Avalon (@ The Clinic)	Bienestar	Wilmington	10:00 am – 11:30 am
	512 E. Fourth St.	HHCLA	Los Angeles	1:00 pm – 4:00 pm
	11700 Block of Borden (Under 118 Freeway Overpass)	TTC	Pacoima	1:30 pm – 4:00 pm
	Arroyo Glen & Avenue 64	Bienestar	Highland Park	3:30 pm – 5:00 pm
	7500 Block of Valjean (Between Sherman Way & Saticoy)	TTC	Van Nuys	4:30 pm – 6:00 pm
	3130 S. Hill St. (inside Hill St. Community Wellness Center)	AADAP	South Los Angeles	7:00 am – 10:00 am
	4905 Hollywood Blvd (AIDS Healthcare Foundation Flagship)	Being Alive	Hollywood	11:00 am - 3:00 pm
	622 Rose Ave.	Venice Family Clinic	Venice	9:00 am – 8:00 pm
Wednesday	512 E Fourth St	HHCLA	Los Angeles	8:30 am – 4:00 pm
	130 Manchester	Bienestar	Los Angeles	2:00 pm – 4:00 pm
	119th & Avalon	AADAP	South Los Angeles	7:30 am – 10:30 am
	512 E Fourth St	HHCLA	Los Angeles	8:30 am – 4:00 pm
	5149 W Jefferson Blvd (SW corner at Minority AIDS Project)	Being Alive	South Los Angeles	10:00 am - 2:00 pm
Thursday	622 Rose Ave.	Venice Family Clinic	Venice	9:00 am – 8:00 pm
	8741 Laurel Canyon Bl (off of Roscoe Bl. Between Peoria St & Wicks St.)	TTC	Sun Valley	9:30 am – 11:00 am
	14515 Hamlin St. Suite 100 (off Van Nuys & Victory)	TTC	Van Nuys	12:30 pm – 3:00 pm
	Alley between Fickett & Mathews (South of Chavez)	Bienestar	Boyle Heights	1:30 pm –3:30 pm
	Wilshire & Burlington	LA CHP	Pico Union	5:00 pm – 7:00 pm
	El Pueblo/Olvera St. (between Alameda and Hill)	Bienestar	El Pueblo	3:00 pm – 5:00 pm
	512 E Fourth St	HHCLA	Los Angeles	8:30 am – 4:00 pm
	3055 Wilshire Blvd (Street level on Westmoreland)	Being Alive	Los Angeles	11:00 am - 3:00 pm
	622 Rose Ave.	Venice Family Clinic	Venice	9:00 am – 8:00 pm
Friday	11700 Block of Borden (Under 118 freeway Overpass)	TTC	Pacoima	1:30 pm – 4:00 pm
	Alhambra & Johnston St. (Under Bridge)	Bienestar	Lincoln Heights	3:30 pm – 5:00 pm
	1625 N. Schrader Blvd. (parking lot behind LA LGBT Center)	LA CHP	Hollywood	6 pm – 10:00 pm
	5220 W. Washington Blvd. (Matrix Institute)	AADAP	Los Angeles	6:30 am – 9:00 am
	512 E. Fourth St.	HHCLA	Los Angeles	8:30 am – 4:00 pm
	4905 Hollywood Blvd (AIDS Healthcare Foundation Flagship)	Being Alive	Hollywood	11:00 am - 3:00 pm
	627 San Julian St. – Downtown	LACHP	Los Angeles	9:00 am – 11:00 am
	622 Rose Ave.	Venice Family Clinic	Venice	9:00 am – 5:00 pm
	Alley between Fickett & Mathews (South of Chavez)	Bienestar	Boyle Heights	10:30 am – 12:30 pm

Information is subject to change without notification. Toll Free Schedule Line: 888-LANEX-85 Please call the participating agency below to verify the hours: TTC (818) 342-5897; LA CHP (213) 483-5366; AADAP (323) 294-4932; HHCLA (213) 342-3114; Bienestar (323) 727-7896; Venice Family Clinic (310) 314-5480; Being Alive (323) 874-4322