## GLASS STRAIGHT STEM

**CRACK, ROCK COCAINE** 

Brass screens are best. Ask for them at your SSP.

If you are using a scrubber for a screen, copper (Chore Boy) is better than steel wool, which can break apart and burn your mouth and throat when it gets hot.

Pre-burn your scrubber to release toxic fumes.

If sharing a pipe, use your own rubber mouthpiece (sparkplug cover or rubber bands).

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Community Health PROGRAM
Avalon Health and Access Center
6818 Avalon Blvd. Los Angeles CA 90003

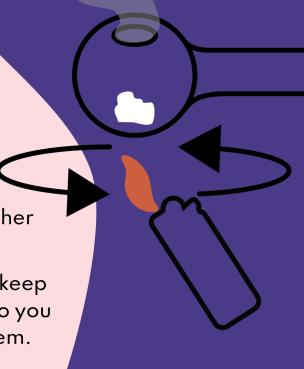
### GLASS BUBBLE PIPE

**METH, FENTANYL** 

Inhale slow and exhale fast.

Holding in your hit won't get you higher but it will damage your lungs.

Heat the pipe from underneath and keep the flame moving around the bowl so you melt the drugs instead of burning them. This helps prevent the pipe from cracking and wastes less drugs.





#### AND INJECT TOWARD THE HEART

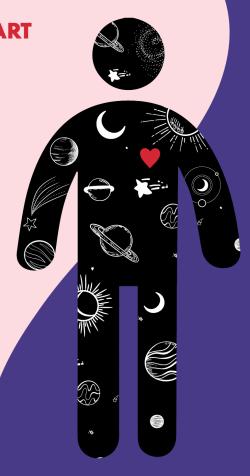
Always inject into a vein and never an artery.

Veins are close to the surface of the skin and springy to the touch.

Arteries are located deeper in the body and not as visible as veins.

If you hit an artery, it will hurt and your blood will look foamy.

If this happens, apply pressure to the wound and seek medical attention if the bleeding does not stop.



## TRY BOTH ARMS

BEFORE GOING IN HANDS, WRISTS, FEET, GROIN AND NECK

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St. John'S HARM REDUCTION PROGRAM

Avalon Health and Access Center 6818 Avalon Blvd. Los Angeles CA 90003 Arms usually have three accessible veins.

To find a vein, try using a soft tie or tourniquet.

Use a slip knot so that you can easily pull the tie off after injecting.

If possible, release the tie after your register (flag), but before you push in your hit.

If you are afraid you will miss your hit when you release the tie, push your hit in slow.

Ask your SSP for tourniquets and other supplies.

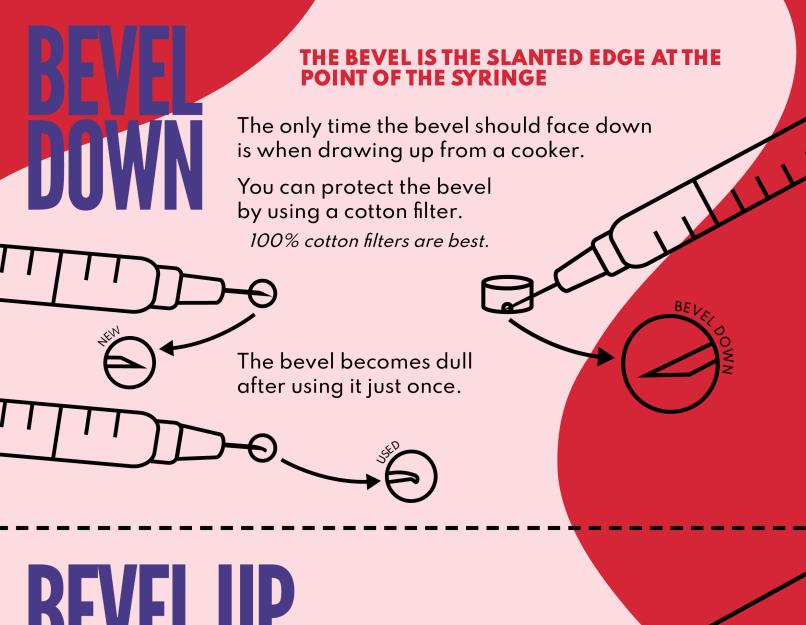
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## **BEVEL UP**

Position the syringe with the bevel facing up so the sharp tip can pierce the skin first, easing the way for the rest of the needle.

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Preposition and volume in the coating running and r

ROCK/CRACK FENTANYL METH

Prepare a foil rectangle that is about 6"x 5" (the length and width of your hand).

If the foil has a shiny, plastic coating, pre-burn the foil by running the shiny side over a flame.

With the dull side facing down, place drugs on the foil and heat from underneath, keeping the lighter a few inches below the foil.



#### CHASING WITH FOIL

ROCK/CRACK FENTANYL METH

Once the substance has liquefied, keep it moving by tilting your foil.

Use a glass stem or a straw made of foil to chase the smoke.

Take it slow, especially if it's your first time smoking or you haven't smoked in a while.

Remember that it's still possible to overdose when smoking, so give yourself a few minutes to see how you feel after that first inhale.

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St. John's
Community Health

HARM REDUCTION PROGRAM

Avalon Health and Access Center 6818 Avalon Blvd. Los Angeles CA 90003

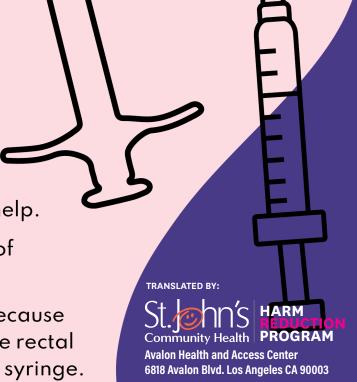
# BOOTY BUMPING

Mix drugs with 1-2 ml of clean water.

Make sure drugs have dissolved completely—heating in a cooker can help.

Break the point off a syringe (dispose of it safely) or use a lube applicator.

Lube applicators are more effective because they are designed to deliver fluid to the rectal cavity. It also holds more liquid than a syringe.



## WATER DRIPPING

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Water dripping is more effective than sniffing (liquid helps absorption).

Crush drugs as much as possible to reduce irritation.

Water from best to worst: saline, sterile, distilled, bottle or tap.

For a weaker solution, add more water.

Prep small amounts—storing mixtures can grow bacteria or mold. This is extremely dangerous.

Break the point off a syringe (dispose of it safely) or use a dropper.

P.S. This only works for drugs that dissolve in water like fentanyl, heroin, meth, and powder coke. Water dripping does not work for crack or pills.



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#### IF DRUGS ARE IN YOUR ORBIT, YOU NEED TO KNOW ABOUT

#### FENTANYL & NALOXONE

The drug supply is inconsistent and unpredictable causing more of us to OD and die than ever before.

This is why some of us are switching it up and exploring other ways of using.

If you use alone, put your naloxone next to you before you do your hit.



Smoking with glass or foil feels most like shooting up but you can still OD.

If you are using in a group, take turns so someone is always alert and able to reverse an overdose.

Water-dripping and booty bumping take longer to kick in but you can still OD.

#### NALOXONE. NARCAN. WHAT'S THE DIFF?



**NALOXONE** comes in a vial and is used with an intramuscular syringe. (23g, 3cc, 1 inch)

To avoid drawing up air, tip vial upside down.



NARCAN comes in a nasal spray.

It's 4x stronger than naloxone but can take longer to kick in so please wait two minutes between doses.

There is no such thing as a "Narcan/naloxone resistant" overdose.

Naloxone and Narcan will work on all opioid-involved overdose, including fentanyl, carfentanil, and fentanyl analogs.



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