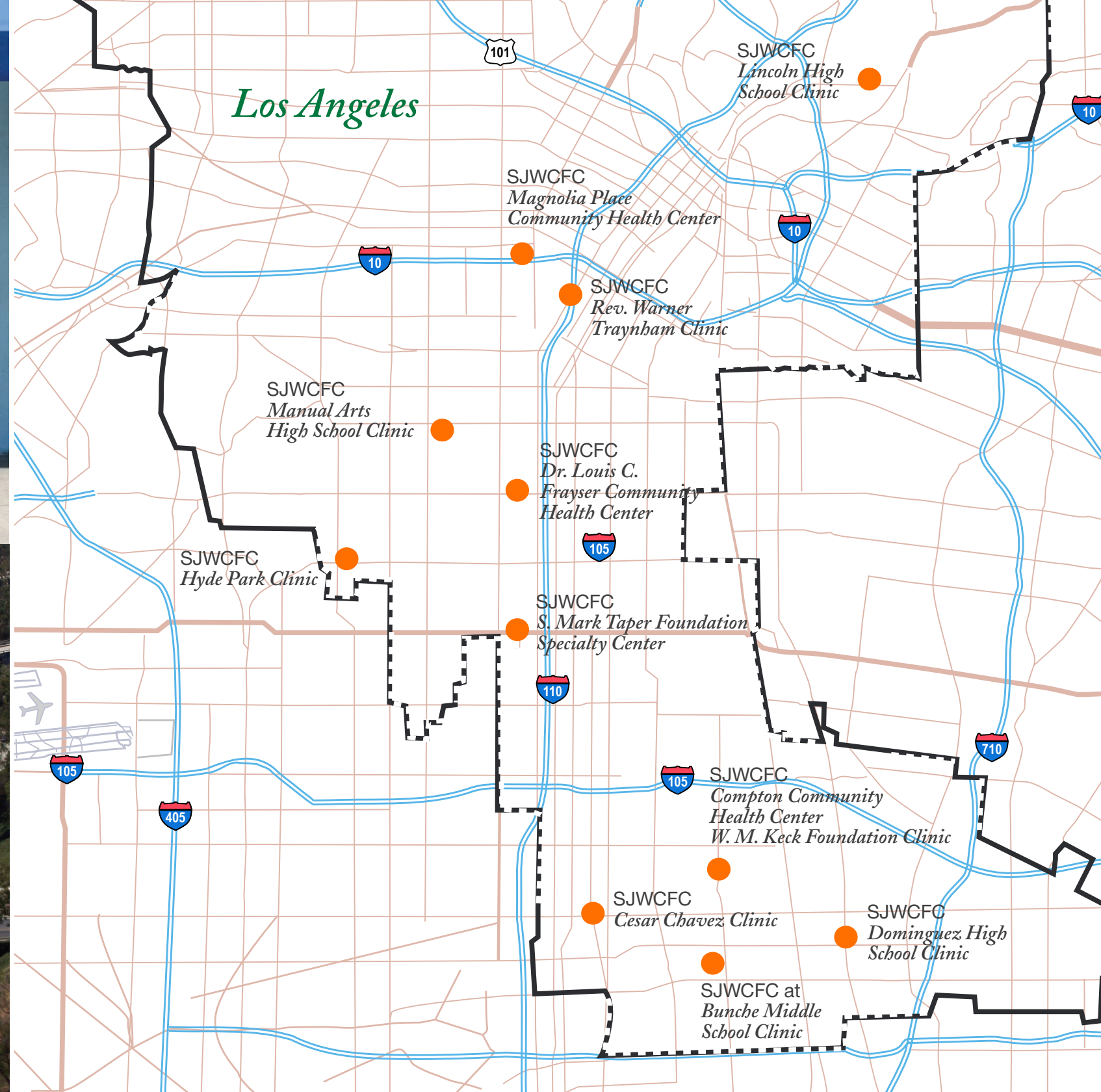


St. John's Well Child
& Family Center
Los Angeles, California
ANNUAL REPORT 2008

St. John's Well Child & Family Center Community Central









Welcome



Thank you for sharing the success and growth of St. John's Well Child and Family Center by reading our 2008 annual report.

We are extremely proud and excited with the breadth and scope of the services we provide and the creativity with which we tackle the health and social problems which plague our communities.

Los Angeles is an alienated conglomeration of neighborhoods connected through freeways and massive transportation thoroughfares. St. John's operates in L.A.'s largest neighborhood – south Los Angeles. Close to one million people live in south L.A. – the most densely populated neighborhood in southern California. In the face of a deteriorating infrastructure, grinding poverty and a strained safety net – we have tried to build and bring together our neighborhood to develop strength, self-sustenance, community health and well being.

As a “center of community health,” St. John's strives to provide ever-more care and love to the communities we serve, to enrich the lives of the people we touch and empower our neighborhoods to build a healthier and more integrated community.

Join us in celebrating 44 years of uninterrupted service to the children and families of downtown and south Los Angeles.

Warmest regards,

Jim Mangia
President & CEO





Community Central

Community Central is our starting point for a community-based human rights approach to health. It is our conviction that all people have a fundamental right to a healthy, safe, and developmental life.

It is with this philosophy and in an environment of debilitating poverty that St. John's has built integrated and collaborative relationships with so many organizations serving downtown and south Los Angeles – tenants rights organizations, doctors, affordable housing and community health efforts, community clinics, schools, pre-schools and child care centers, homeless service providers, public health advocates, small businesses, advocacy and policy groups, hospitals and government – to build a holistic, cooperative and compassionate approach to on-the-ground health care and social services.

Bringing together all those who seek change and are working to improve the lives of our most vulnerable residents is a venture St. John's has invested heavily in. And we are proud to report that it has brought great dividends to the communities we are so honored to serve.

St. John's Well Child and Family Center was founded in July, 1964 in response to the dire poverty and lack of health care access in downtown and south Los Angeles. Starting as a small volunteer clinic in the back building of St. John's Episcopal Church, St. John's clinic has grown to become a major nonprofit network of federally qualified health centers (FQHC) and school based clinics throughout downtown, south and northeast Los Angeles.

St. John's Well Child and Family Center provides medical, dental, mental health services, case management, health education and social support to more than 100,000 patient visits in south Los Angeles. We operate eleven sites – including five comprehensive community health centers and six school based clinics spanning the breadth of downtown and south central Los Angeles and Compton.

In addition, St. John's operates many community health, social service and school readiness programs. These programs are designed to improve birth outcomes and reduce high-risk pregnancies and improve readiness for school among pre-school children and their families. We also provide child care and early childhood development services, parenting workshops, workforce readiness trainings and parent/child literacy projects.

*“It is our conviction
that all people have a
fundamental right to a
healthy, safe, and
developmental life.”*



Taming The Perfect Storm

A variety of factors contribute to ill health in the neighborhoods served by St. John's Well Child and Family Center. The unraveling of a strained public health safety-net, rising foreclosures and evictions and sharp declines in affordable housing have had a negative impact on the health of the patients we serve.

The effects of poverty, domestic violence, lack of access and affordability of healthy foods, limited parks and playgrounds, homelessness, slum housing conditions and environmental pollution all contribute as "social determinants" of the health of our children and families. These debilitating conditions cause people to be sick and rob children and families of their health and human potential. It is this "perfect storm" of ill health and disease, and the conditions which cause it, that must be addressed if we are to impact and improve the health of all the families of south Los Angeles.

The areas served by St. John's have some of the worst health indicators in the United States of America:

- 54% of children tested for blood lead levels at St. John's clinics have dangerously elevated blood lead levels. The presence of lead in the blood of children causes decreased brain function and developmental disabilities in children.
- 22% of the adult population has diabetes.
- 40% of all births are to teen mothers.
- 48% of the residents of our neighborhoods have no health insurance.
- 40% of all families are food insecure.
- 80% of housing is substandard.
- 28% of children served by St. John's have asthma.
- 10% of St. John's pediatric patients are homeless.

In the face of these conditions, St. John's has focused on improving the quality of care for tens of thousands of children and families and has grown to meet the desperate need in our community. As a result, we have seen dramatic health improvements in our community.

"The unraveling of a strained public health safety-net, rising foreclosures and evictions and sharp declines in affordable housing have had a negative impact on the health of the patients we serve."



Healthy Homes - Healthy Kids

Several years ago, our doctors grew disillusioned with caring for patients with diseases and health conditions caused by substandard housing, and sending them home to the same slum housing conditions which caused their illnesses in the first place. Chipping and peeling paint, deteriorating lead paint that causes poisoned dust, leaking pipes that cause deadly mold and mildew, and cockroach and rat infestation are just some of the slum housing conditions that cause children to be sick.

Since 80% of families in south Los Angeles live in substandard and slum housing it became apparent that we needed to develop a comprehensive and holistic approach to health and housing that would effectively improved the health status of our patients.

The Healthy Homes/Healthy Kids program significantly improves the health of children with chronic environmental diseases and conditions (lead poisoning, asthma) by providing comprehensive medical care and treatment, targeted family health education, and intensive case management to improve the health of children and alleviate asthma symptoms and lead poisoning. By building a historic partnership with Esperanza Community Housing Corporation and Strategic Actions for a Just Economy, we provide in-home environmental assessments to discover and identify what housing conditions are making children sick. Community health promoters teach families how to use low-tech, low-cost techniques (for example: mattress covers, cleaning with bleach to kill the mold) to create barriers and lessen the home hazards which cause the child's lead poisoning and/or trigger their asthma.

And we empower individuals to work together as a community to change the conditions that affect their family's long term health. We identify persistent slum buildings and we organize and educate families and children that reside in those buildings, to come together and engage their landlords to address the necessary long term home repairs and improvements needed to improve their housing conditions and improve their child's health.

As part of this process, St. John's collects the data on the dramatic improvements in the health of the children we serve and publishes and shares the data with the necessary political and advocacy leaders to impact policy and social change.

Here are some of the significant health improvements resulting from the Healthy Homes/Healthy Kids program:

- 95% of children in this program saw a significant decrease in lead poisoning levels.
- "100% of children in the program experienced a reduction in asthma-related hospitalizations.
- There was a 55% reduction of missed school days because of asthma attacks.
- We saw a 35% reduction in emergency room visits for children with asthma.

As St. John's works to expand and intensify this work, we expect to see even more dramatic health improvements for the children of downtown and south Los Angeles.

"Since 80% of families in south Los Angeles live in substandard and slum housing it became apparent that we needed to develop a comprehensive approach to health and housing that would effectively improve the health status of our patients."



Chronic Disease Management

One of the biggest challenges in providing health services in low-income, uninsured and underserved communities is the alarming increase in chronic diseases. The most prevalent chronic disease among St. John's patients is diabetes. Close to 40% of adult medical visits are for diabetic patients.

South Los Angeles has the highest rate of diagnosed diabetes in Los Angeles County. It also has the highest rate of deaths due to diabetes in the state. In response, St. John's created a comprehensive chronic disease management and treatment program to improve health outcomes for chronic disease patients. In addition to direct primary and preventive medical care and free medicine, St. John's has developed a chronic disease specialty care treatment program, which includes podiatry and ophthalmology services. As well, the diabetic chronic disease program includes patient education and case management services, exercise and fitness classes, and healthy cooking training – and has produced remarkable improvements in diabetic patients' health.

The development of specialty care services on site has saved thousands of patients from losing their limbs or their eyesight because of complications from their chronic disease. Annual retinal screening of our diabetic patients has reduced vision loss by over 90%. The performance of podiatry procedures such as treating minor infections or restoring nerve function to patients suffering from nerve degeneration has saved hundreds of limbs. And as a result of intensive case management, exercise and health education we have seen blood sugar levels for our diabetic patients drop substantially.

As a result of St. John's chronic disease programs, the overwhelming majority of diabetic patients can manage their illness and live healthy and productive lives.

“The development of specialty care services on site has saved thousands of patients from losing their limbs or their eyesight because of complications from their chronic disease.”



School Based Health

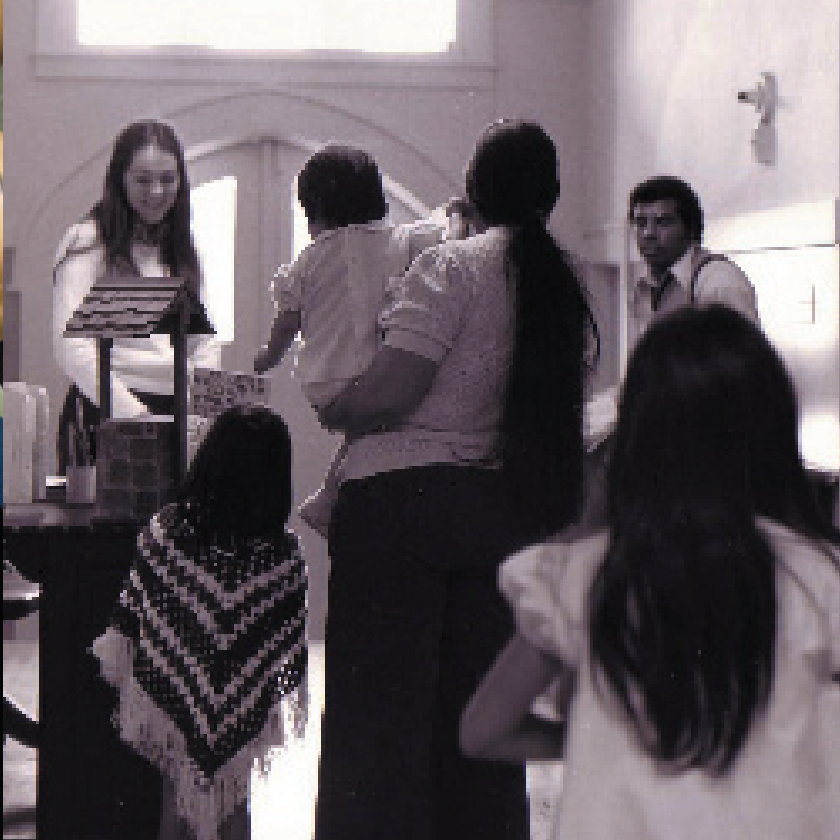
Place-based strategies to expand access to health care for communities in south Los Angeles is a fundamental strategy of St. John's Well Child and Family Center. School based health centers are an excellent way to bring services out across the community in partnership with local school districts and educational institutions, combine educational and health services under one roof, and target and improve the health of children and teenagers in inner city communities. St. John's operates the Man Up! teen pregnancy prevention program at Los Angeles high schools, targeting teenage boys in successful pregnancy prevention efforts.

St. John's has a partnership with the Los Angeles Unified School District (LAUSD) and the Compton Unified School District to provide school based health services to students, families and members of the community-at-large at six school based health centers in south central and northeast Los Angeles and Compton. In addition to students who attend the school, thousands of community residents from the surrounding neighborhoods access primary medical, dental and mental health services at these school based clinic sites.

St. John's operates three school based health centers in Los Angeles, at Hyde Park Elementary School, Manual Arts High School (in partnership with Children's Hospital Los Angeles) and Lincoln High School and is currently working with LAUSD to expand into more local school sites. As well, St. John's is the sole school based health provider for the Compton Unified School District, operating school based clinics at three sites: Cesar Chavez Elementary School, Bunche Middle School and Dominguez High School.

St. John's has a partnership with Green Dot charter schools to provide on-site mental health services and programs. Hundreds of high school students receive group-oriented behavioral health services at ten school locations under the Hablamos (Let's Talk About It!) program. Evaluation studies have shown dramatic improvements in mental health among adolescents as a result. Students are measuring significant increases in self-esteem, improved social skills, and better school performance as a result of St. John's school based mental health programs.

“School based health centers are an excellent way to bring services out across the community in partnership with local school districts and educational institutions, and target and improve the health of children and teenagers in inner city communities.”



Humble Beginnings

Reprinted from: "Can't You Hear Me Calling?" by Lawrence Carter (Seabury Press, New York, 1969).

I was paying a call on a mother who had had her share of this world's troubles. The home was a slum apartment within ten blocks of the church. I sat at an untidy kitchen table talking with her about the problems of a home without husband or father and inadequate public welfare funds to maintain anything but minimal existence. Three lively but unkempt children crowded around as we talked, sometimes listening solemnly, sometimes giggling at something the mother and I said. As I was talking I glanced over to a darker corner and saw what I at first thought was a dog under a blanket on the floor. I soon realized it was a two-year-old child. I said that I had thought she had only three children. "Oh, she said, that is Jimmy. He's queer." To make a long story short, I asked a number of questions which led me to understand that this "queer" child had never seen a doctor since he was born and that the mother regarded him as hopelessly retarded. She was fearful of mentioning him to the social worker and he was always hidden out of sight when the worker came to the house for fear that "he would be taken away."

It took a bit of persuading but finally I got her to agree to take the child to a private physician I knew for an examination. The result of the visit was the discovery that the child was congenitally deaf. With the assistance of the good doctor and a private foundation for the deaf, that child has learned to talk and lip read, and is today a relatively normal, healthy child.

This was how the idea for a preventive medical facility for children was born in our parish.

One Saturday morning in July, 1964, we opened the doors of St. John's Well Child Clinic. From that day to this St. John's has never lacked a steady stream of children going through our clinic doors.

It would appear that the role of the church in today's urban civilization is that of the innovator. Where a need is not being met by the community it is the calling of the churches to learn how to meet this need and do it until someone or some organization comes along who can do it better and bigger than we. Our role is not to build empires. We must be ready to let go of our brain children when the time comes and look for new areas of need where the innovation of body and spirit are required, to point the way for others to follow. One day there may not be a St. John's Well Child Clinic, but there will be, God willing, a fine medical facility in the area which will meet all the needs of children, both sick and well, in a way that our small operation cannot possibly do.

Rev. Lawrence Carter

Founder

St. John's Well Child and Family Center

"One Saturday morning in July, 1964, we opened the doors of St. John's Well Child Clinic. From that day to this St. John's has never lacked a steady stream of children going through our clinic doors."

Financial Statements

Statement of Financial Position

As of 12/31/07

Assets	\$
Cash & Cash Equivalents	1,694,728
Accounts/Grants Receivable	1,038,244
State Reconciliation Receivable	1,532,000
Property & Equipment	4,062,849
Total Assets	8,327,821
Liabilities & Net Assets	
Account Payable	441,000
Accrued Expenses	454,076
Total Current Liabilites	895,076
Total Long-Term Liabilites	2,259,817
Total Liabilites	3,154,893
Total Net Assets	5,172,928
Total Liabilites & Net Assets	8,327,821

Statement of Activities

From 1/1/07 to 12/31/07

Support & Revenue	\$
Government Grants & Fees	10,117,824
Private Foundation Grants	1,934,326
Interest, Dividend & Other	68,408
Total Operating Revenue	12,120,558
Expenses	
Program Services	9,267,251
General and Administrative	1,863,780
Fundraising/Fund Development	426,792
Total Operating Expenses	11,557,823
Change in Net Assets/Net Surplus (Deficit)	562,735
Beginning Net Assets Balance	4,610,193
Change in Net Assets/Net Surplus (Deficit)	562,735
Ending Net Assets Balance	5,172,928



Grants, Contracts and Donations 2006 - 2008

Private Foundations

The Ahmanson Foundation

Annenberg Foundation

Banky LaRoque Foundation

*Blue Shield of California Community Clinic
and Consortium Core Support Initiative*

*British Petroleum/Air Quality Management
District Asthma Settlement Initiative*

California Community Foundation

California Community Foundation Audrey Backus Fund

*California Community Foundation–Centinela
Medical Community Fund*

California Dental Association

The California Endowment

*The California Endowment Community
Action to Fight Asthma (CAFA) Initiative*

*The California Endowment Integrated
Behavioral Health Project*

The California Wellness Foundation

California Healthcare Foundation

Carrie Estelle Doheny Foundation

Chapman and Associates Foundation

*Community Clinic Association of Los Angeles County
Community Health Star Award*

*Community Clinic Association of Los Angeles County
Disaster Preparedness Program*

Crail Johnson Foundation

Fusenot Foundation

Henry Guenther Foundation

Kaiser Community Benefit Program

*Kaiser Permanente Southern California Fund for
Charitable Contributions*

*Kaiser Permanente West Los Angeles Medical
Center Public Affairs Grant*

Kaiser Public Affairs Metropolitan Los Angeles

W.M. Keck Foundation

Kenneth T. and Eileen L. Norris Foundation

LA Care Community Benefit Program Oral Health Initiative

*LA Care Community Benefit Program People with
Disabilities Initiative*

LA Care Star Partners

Lark Ellen Lions Charities

Lawrence Welk Foundation

Lon V. Smith Foundation

The Martin R. Lewis Charitable Foundation

McKesson Foundation

Pfaffinger Foundation

QueensCare Charitable Division

The Ralph M. Parsons Foundation

S. Mark Taper Foundation

Sidney Stern Foundation

Sketch Foundation

Swanton Foundation

Tides Community Clinics Initiative Major Capital Campaign Gifts

*Tides Community Clinics Initiative Networking for Community
Health Initiative*

Tides Community Clinics Initiative Tools for Quality Fund

Unihealth Foundation

Weingart Foundation

Government Grants and Contracts

Federal

*Bureau of Primary Health Care, US Department of Health and
Human Services, Section 330 Federally Qualified Health Center Program*

*Department of Education: Promotion of School Readiness – Early Childhood
Emotional and Social Development Initiative*

*Department of Health and Human Services, Centers for Disease Control:
Congressional Earmark Introduced by Congressman Xavier Becerra*

Medicare Program

State

*California Department of Health Services Childhood Asthma
Public Health Initiative*

California Department of Health Services Immunization Program

*California Family Health Council Educational Partnerships to
Expand Chlamydia Screening (EPICS)*

California Family Health Council Title X Family Planning Services Grant

California Health Facilities Financing Authority

Child Health and Disability Prevention Program (CHDP)

Expanded Access to Primary Care Program (EAPC)

Family Planning Access Care and Treatment Program (Family PACT)

First 5 Proposition 10 Asthma Treatment Services Collaborative Grant

Medi-cal and Healthy Families Program

County/Local

Childhood Lead Poisoning Prevention Program–Service Planning Area (SPA 6)

City of Compton: Compton Unified School District School Based Clinic Program

Los Angeles County Department of Health Services

Healthy Way LA

Public–Private Partnership Program

Primary Care and Dental Services

SB 474 South Los Angeles Services Preservation Fund

*First 5 LA Healthy Births Initiative
Harbor Corridor
Heart of the City (northeast Los Angeles)*

*First 5 LA School Readiness Program
South Los Angeles
Compton*

Healthy Kids Program

*Los Angeles County Department of Public Health African American Collabora-
tive–Immunization Project*

Los Angeles Unified School District Student Health Partnership Program

Los Angeles Unified School District Hyde Park School Readiness Program

*South Los Angeles Medical Services Preservation Fund – County of Los Angeles
Department of Health Services*

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St. John's Well Child and Family Center Clinics

*St. John's Well Child and Family Center
Magnolia Place Community Health Center*
1910 S. Magnolia Place
Los Angeles, CA 90007
213-749-0947

Rev. Warner Traynham Mental Health Clinic
515 West 27th Street
Los Angeles, CA 90007

*St. John's Well Child and Family Center
Dr. Louis Frayser Community Health Center*
5701 S. Hoover Street
Los Angeles, CA 90037
323-541-1400

*St. John's Well Child and Family Center
Compton Community Health Center*
W. M. Keck Foundation Clinic
2115 N. Wilmington Avenue
Compton, CA 90222
310-603-1332

*St. John's Well Child and Family Center
S. Mark Taper Foundation Chronic Disease
and Environmental Health Center*
5801 S. Hoover Street
Los Angeles, CA 90044

*St. John's Well Child and Family Center
Administrative Headquarters*
5701 S. Hoover Street, 2nd floor
Los Angeles, CA 90037
323-541-1600

Los Angeles Unified (LAUSD)
School Based Clinics

*St. John's Well Child and Family Center
Lincoln High School Clinic*
2512 N. Alta Street
Los Angeles, CA 90031
323-441-2139

*St. John's Well Child and Family Center
Hyde Park Elementary School Clinic*
6505 S. 8th Avenue
Los Angeles, CA 90043
323-750-9232

*St. John's Well Child and Family Center
(in partnership with Children's Hospital Los Angeles)
Manual Arts High School Clinic*
4131 S. Vermont Avenue
Los Angeles, CA 90037

Compton Unified School Based Clinics

*St. John's Well Child and Family Center
Dominguez High School Clinic*
15301 San Jose
Compton, CA 90221

*St. John's Well Child and Family Center
Cesar Chavez Elementary School Clinic*
12501 N. Wilmington Avenue
Compton, CA 90222

*St. John's Well Child and Family Center
Bunche Middle School Clinic*
12338 Mona Boulevard
Compton, CA 90220

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St. John's Well Child and Family Center

Our Vision

The vision of St. John's Well Child and Family Center is to deliver high-quality primary and preventive medical, dental and mental health services that go beyond the borders of tradition to uninsured, underserved and economically disadvantaged persons in Los Angeles. We are devoted to instilling the value of well-being to our communities, resulting in self-advocacy, self esteem and self sustenance, through innovative and developmental programs and collaborative endeavors.

